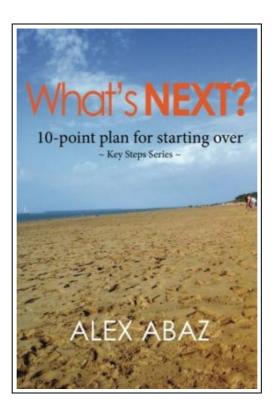
## What s Next? 10-Point Plan for Starting Over: Life Planner-Survival Guide-Money Risk Management-Coping with the Death of a Loved One, Separation, Divorce, Job Loss, Career Change Retirement (Paperback)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. No matter what happens life must go on. But if you re the one going through a life crisis, it s not easy to pick up the broken pieces and put them back together again. This guide will make the process less scary. There is strategy and inspiration. Don t wait for your spirit to break the other shoe to fall. This is the perfect tool to help you get unstuck, discover a new life purpose, create the life you want. What s NEXT? 10-Point Plan for Starting Over is a survival guide for anybody who s trying to cope with a big event and for those wanting to help someone else. Anyone going through separation and divorce; or grieving from the loss of a loved one; or having to change their lifestyle and start over because of a job loss, career change, retirement, or financial problems will get something out of this book. HOW WILL THIS BOOK HELP YOU? Everyone suffers loss at some point in their lives. This book will help you with: The sorrow of losing a loved one breakup Anxiety listlessness Feeling lost confused Negativity, worry, depression, mental toughness Anger sleep issues Positive self-talk meditation Building confidence gaining courage Financial banking transactions Getting control of cash flow expenses Assets liabilities, budgeting Earning money, income benefits cash payouts Networking, forming alliances ways means Figuring out what you love to do Carrying the load without feeling overwhelmed Job hunting, online search tactics hidden job markets Strategies for career change retirement Lifestyle changes, security risk, stress Setting goals finding passion What s NEXT? 10-Point Plan for Starting Over is a parachute for flying high landing on your feet! BONUS...

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