



How to Get What You Want Easily Effortlessly: A Guide to Reprogram Your Thinking (Paperback)

By Judith Patino-Rodrigue

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you living the life you want? Or do you regularly experience desperation or confusion? If you feel stuck, it s because you lack a clear vision of what you want. The truth is, you, and you alone, hold the key that unlocks the door to the life you desire, but to successfully move forward, you need to build a strong mental foundation. Following the simple, time-tested approach that if you reprogram your thinking, you can change your experiences, How to Get What You Want Easily Effortlessly offers a surefire way to reclaim your purpose and rediscover your inner-joy. Recognize what you want to achieve Map out the necessary steps Stay present while you work at attaining your goals Providing simple exercises to help you develop a new way of thinking that reawakens your confidence and encourages your imagination, this guide teaches you how to stop accepting a subpar life and start going after the glorious life you deserve. Perhaps this sounds too easy, but once you realize that you re capable of redesigning your life-everything is possible.



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