



Danielle Walkers Against All Grain Meals Made Simple Gluten - Free, Dairy-Free, and Paleo Recipes to Make Anytime

By Danielle Walker

Victory Belt Publishing. Paperback. Condition: New. 304 pages. Dimensions: 9.9in. x 7.9in. x 0.7in. Beloved food blogger and New York Times bestselling author Danielle Walker is back with over 100 new Paleo recipes in her sophomore cookbook, Meals Made Simple a collection of gluten-free, dairy-free, and Paleo-friendly recipes for easy weeknight meals. Diagnosed with an autoimmune disease at twenty-two, Danielle Walker spent many years in and out of the hospital and on high dosages of debilitating medications before taking her health into her own hands and drastically changing her diet. In a true lemons-to-lemonade story, Danielle transformed her adversities into opportunities and created her wildly successful blog, Against All Grain, in an effort to help those in need eat well and feel great, without feeling deprived. With recipes that make cooking for the grain-free family both easy and enjoyable, Meals Made Simple answers the age-old question: Whats for dinner Danielle Walker takes the guesswork out of meal planning with eight weeks worth of dinner ideas, complete with full shopping lists and recipes for using up leftovers. Whether were moms, students, or business owners, at the end of the day we all want fresh, home-cooked meals that are easy to prepare. And we...



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Reviews

An exceptional publication and also the typeface applied was fascinating to learn. It normally will not expense excessive. Your life period will be transform once you comprehensive looking over this pdf.

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