



## Mola Designs: 45 Authentic Indian Designs from Panama (Paperback)

By F. W. Shaffer

Dover Publications Inc., United States, 1982. Paperback. Condition: New. Language: English . Brand New Book. Mola is the Cuna Indian word for an intricate reverse-applique needlework technique unique to this unusual, isolated tribe inhabiting the San Blas islands off the Atlantic coast of Panama. Mola motifs and methods recall the body-painting practiced by the Cuna in past centuries; today Cuna women s blouses display the colorful patchwork designs rendered here in black and white from the original pieces. The 45 folk-style designs signify themes ancient and modern: pre-Christian crosses, mermaids, dancers, animals, birds, butterflies, fish and flowers, abstracts, and repeating mazes. The introduction includes photographs of the Cuna; captions identify the motifs and give Cuna names. Designers and needleworkers will find these royalty-free designs a source of inspiration, and colorists will enjoy adding their own sense of color and tone to the illustrations.



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