



Counseling Problem Gamblers: A Self-Regulation Manual for Individual and Family Therapy (Practical Resources for the Mental Health Professional)

By Ciarrocchi, Joseph W.

Academic Press, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Acknowledgments. List of Worksheets. The Twenty Percent Difference. The Scope of Social and Problem Gambling. Research on Causes and Treatment of Pathological Gambling. A Self-Regulation Model for Understanding Pathological Gambling. Diagnosis and Assessment of Pathological Gambling. Overview of Clinical Interventions: A Plea for Family Involvement. Motivational Enhancement, Stages of Change, and Goal-Setting. Abstinence Control and Relapse Preventions. Managing Urges Through Acceptance. Depression, Anxiety, and Guilt: Cognitive Strategies. Changing Beliefs About Gambling: The Downside of Hope. Problem-Solving and Overcoming Procrastination. Financial and Legal Issues. Couples and Family Treatment. Spirituality, Virtue, and Character: A Model for Therapist Collaboration in Long-Term Growth. References. Appendix A: National Council on Problem Gambling Affiliate List. Appendix B: Worksheets. Index.



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