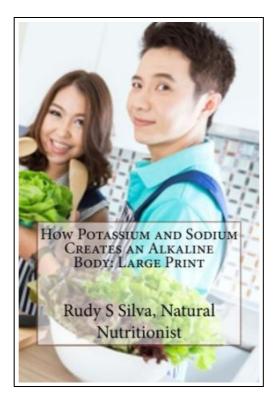
# How Potassium and Sodium Creates an Alkaline Body Large Print Create an alkaline body to eliminate disease and produce superior health



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### Reviews

Good e-book and helpful one. It can be writter in basic phrases rather than confusing. I realized this ebook from my i and dad recommended this book to find out.

(Ozella Batz)

## HOW POTASSIUM AND SODIUM CREATES AN ALKALINE BODY LARGE PRINT CREATE AN ALKALINE BODY TO ELIMINATE DISEASE AND PRODUCE SUPERIOR HEALTH



CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 116 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.THIS IS A LARGE PRINT BOOK: Potassium and sodium are major acid neutralizer and can convert your acid body into an alkaline body. You dont want to be short on these minerals and for sure you want to know as much as you can, about their activity in your body. These important positive minerals, potassium and sodium, are exposed, so that you can take advantage of their health power. Do you know how to satisfy your bodys potassium and sodium needs Using the right amount and kind of these two minerals will keep you away from diseases of all kinds. Discover how you can control the amount potassium and sodium in your body. When you lack these positive minerals, it leads to untold devastating diseases and illnesses. Let a nutritionist share with you his secrets that will open your eyes to why you cant get healthy, without knowing about how to use potassium and sodium. You will find details of these minerals that you have not heard of. Then, you will be shown what foods you need to eat, so that your body can store these minerals and be ready to fight the acids that make your body acidic. When you lack potassium you will not have clear thinking and you will lack the energy to do the things you want. Without eating the right sodium, you expose yourself to various illnesses that can turn deadly. Potassium and sodium work together to keep your body working like it should. Sodium has tremendous power in that it attracts water, which can save your life or destroy it. Get the details you need to change your ideas and habits about eating and...

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