



## Four Mums in a Boat: Friends Who Rowed 3000 Miles, Broke a World Record and Learnt a Lot About Life Along the Way (Paperback)

By Janette Benaddi, Helen Butters, Niki Doeg

HarperCollins Publishers, United Kingdom, 2018. Paperback. Condition: New. Language: English . Brand New Book. A Sunday Times Bestseller and longlisted for the William Hill Sports Book of the Year The incredible true story of four ordinary working mums from Yorkshire who took on an extraordinary challenge and broke a world record along the way. Janette, Frances, Helen and Niki, though all from Yorkshire, were four very different women, all juggling full time jobs alongside being mothers to each of their 2 children. They could never be described as athletes, but they were determined to be busy and the local Saturday morning rowing club was the perfect place to go to have a laugh and a gossip, get the blood pumping in the open air, and feel invigorated. Brought together by their love of rowing, they quickly became firm friends, and it wasn't long before they cooked up a crazy idea over a few glasses of wine: together, they were going to do something that fewer people than had gone into space or climbed Everest had succeeded in doing. They were going to cross 3,000 miles of treacherous ocean in the toughest row in the world, The Talisker Whisky Atlantic...



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