



I m Not Perfect and It s Okay: Thirteen Steps to a Happier Self

By Dolores Ayotte

Dolores Ayotte, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Steps to a Happier Self My recipe for life consists of a little bit of this and a little bit of that borne from my life experiences. Usually, when I use all of the ingredients and steps I end up with a pretty good product. Sometimes I can still fail. It is this failure to succeed all of the time that helps remind me of my humanity and the fact that I am not perfect. From new author Dolores Ayotte comes a bakers dozen of insightful tips to getting through life. In I m Not Perfect and It s Okay. .Ayotte presents readers with a means to a better life. Ayotte s conversational style makes her feel like an old friend giving advice. With exceptional ease, readers are taken through a recipe for healing, beginning with love for themselves. Readers are reminded to keep lifes recipe simple, being sure to add a cup of laughter, two cups of forgiveness, and a dash of silence resulting in several good measures sure to make life easier. Each step is...



READ ONLINE
[9.13 MB]

Reviews

A must buy book if you need to adding benefit. It is rally intriguing throgh reading time period. I am pleased to tell you that here is the very best book i actually have study in my very own lifestyle and may be he finest ebook for at any time.

-- **Ms. Lora West Jr.**

This is an incredible book that I have ever read through. It can be rally exciting throgh reading through time period. I discovered this publication from my i and dad recommended this pdf to find out.

-- **Friedrich Lynch DDS**