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THE BOOK OF CALM: QUOTATIONS AND IDEAS TO BRING PEACE INTO YOUR LIFE

Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, The Book of Calm: Quotations and Ideas to Bring Peace into Your Life, Lizzie Cornwall, 'You cannot perceive beauty but with a serene mind.' Henry David Thoreau When you're finding it hard to get a moment's peace amongst all the hectic activity in your life, take a step back, breathe deep and open this book. Peppered with uplifting quotations to bring a smile to your face and filled with inspiring ideas to...

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- Authored by Lizzie Cornwall
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