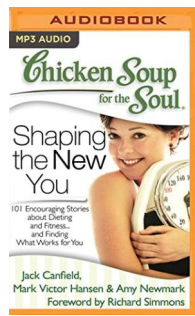


Chicken Soup for the Soul: Shaping the New You: 101 Encouraging Stories about Dieting and Fitness.and Finding What Works for You



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Book Review

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(Cale Hansen Sr.)

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