



Herpes Is Not the End of Your Love Life: Learn the Perks to Genital Herpes (Paperback)

By Patricia a Carlisle

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book contains proven steps and strategies on how to feel confident in discussing herpes and enjoy your love life in the context of sexual relationships. Genital herpes as a diagnosis is not a death sentence, but managing and coping with herpes will be an ongoing part of your life. Herpes is no small matter. One in five adults is estimated to have genital herpes according to the American Social Health Association, and 80 are not aware they contracted the disease. If you have been recently diagnosed or if you are just curious, start researching now. The more information you know about a subject, the less frightening it is. Use coping strategies for a happier life. Genital herpes or Herpes Simplex-2 is a member of a family of diseases and illnesses that include chicken pox, shingles, and mononucleosis. The cold sores that people find around the mouth and nose are from Herpes Simplex-1, the cousin of genital herpes. The two diseases are similar, yet very different. A highly contagious viral infection, herpes is not dangerous or life threatening, but causes emotional...



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