



Finding Humor in Grief (Paperback)

By Dr Ruth L Baskerville

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. At the time of my husband s untimely death, we had been married forty-five years, which meant I had not just lost my one true love, but I was also lost! We were each other s best friends, and whatever one of us did was filtered through the lens of what we knew about the other s desires. I thought it impossible to survive without him because there were too many tasks, decisions, plans that he alone managed. As I shared with close friends my struggle to accomplish left-brain tasks previously foreign to me, they laughed heartily. I saw that grief had a funny side. Each segment of my book tells a different aspect of my journey to successfully function without Waverly. I reveal my intimate thoughts and actions in a stream-of-consciousness writing style, rather than to tell my story in chronological order. Most experiences are highly amusing, but for times when I found no humor, I created a chapter called Mama Said There d Be Days Like This. Writing this book was cathartic for me, but I also...



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