



The Word Search Oracle: Yoga for the Brain (Paperback)

By Cristina Smith

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. A great gift idea filled with goodies galore for the reader to enjoy! Excellent puzzles. Secret messages. Brain boosting fun. Interesting information. Meaningful mindfulness mini meditations. The award-winning Word Search Oracle invites you to play! Both a profound philosophy and fun puzzle book, The Word Search Oracle is yoga for the brain(TM) that stretches your mind, nourishes your soul and touches your heart. Featuring Darity Wesley's inspirational Oracle messages, these 60 easy to advanced puzzles make every page both a challenge to be solved and a meditation for self-realization. It gets even better. Once all words are found, a hidden message is revealed; a powerful mantra to affirm the Oracle reading. Plus, find fascinating facts and enlightening insights inside, providing tasty food for thought. Who would have thought that practicing mental yoga, boosting creativity and empowering personal mastery could be so much fun? This book can help you: Stay sharp with a more flexible brain Make your life better now through the power of positive affirmation Reduce the risk of early onset dementia and Alzheimer's disease Have fun with a...



Reviews

It in a of my personal favorite book. It is writter in easy terms and never hard to understand. Its been designed in an exceedingly easy way and it is only after i finished reading this publication by which in fact changed me, change the way i think.

-- Lucinda Stiedemann

The most effective publication i at any time read. We have study and i am sure that i will likely to read yet again once again in the foreseeable future. You will not truly feel monotony at anytime of your time (that's what catalogs are for about in the event you request me).

-- Mr. Rafael Hoeger