



More Beautiful Than Before: How Suffering Transforms Us (Hardback)

By Steven Z. Leder

Hay House Inc, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Every one of us sooner or later walks through hell. The hell of being hurt. The hell of hurting another. The hell of cancer, the hell of divorce, the hell of chronic pain. The hell of anxiety, depression, Alzheimer s, a kid in trouble. The hell of a reluctant, thinking shovelful of earth upon the casket of someone we deeply loved. The point is not to come out of hell empty-handed. There is real and profound power in the pain we endure if we transform our suffering into a more authentic, meaningful life. As the Senior Rabbi of Wilshire Boulevard Temple in Los Angeles, one of America s largest and most important congregations, Steve Leder witnesses a lot of pain: It s my phone that rings when people s bodies or lives fall apart. In this deeply inspiring book, written in the spirit of such classics as When Bad Things Happen to Good People, Leder guides us through pain s stages of surviving, healing, and finally growing. Drawing on his experience as a spiritual leader, the wisdom of ancient traditions, modern science, and stories from...

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Reviews

This publication is very gripping and interesting. We have go through and so i am confident that i am going to planning to read through yet again again in the foreseeable future. You are going to like how the blogger write this ebook.

-- **Dr. Thaddeus Turner PhD**

This publication will never be straightforward to get going on looking at but really fun to see. This can be for all those who statte that there had not been a worth looking at. You wont really feel monotony at at any moment of your own time (that's what catalogs are for about should you request me).

-- **Cale Hansen Sr.**