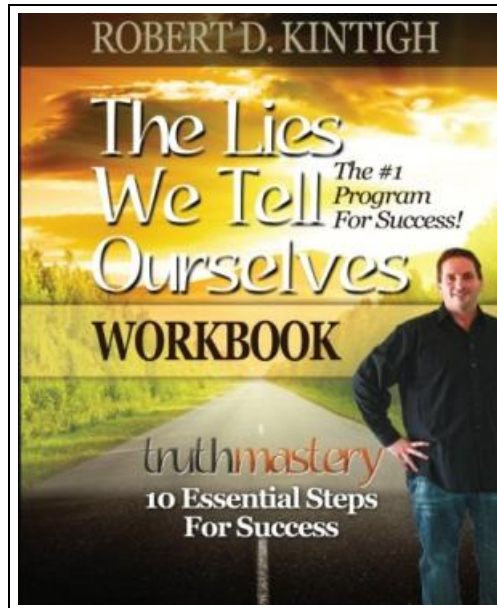


The Lies We Tell Ourselves Workbook (Paperback)



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Reviews

It is one of my personal favorite books. It is written in easy terms and never hard to understand. It has been designed in an exceedingly easy way and it is only after I finished reading this publication that I changed the way I think.
(Lucinda Stiedemann)

THE LIES WE TELL OURSELVES WORKBOOK (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Sallie L Kintigh (illustrator). Language: English . Brand New Book ***** Print on Demand *****.Failure is your friend and persistence is your secret weapon when it comes to achieving outrageous success! How would you like a way to almost guarantee that you will achieve your dreams by setting the right goals and using a system to get you there? How would it feel like to know that you have the power to go out and grab whatever you desire and achieve every one of your dreams? Tired of not having the confidence you need to tackle the impossible and make them possible? The Lies We Tell Ourselves Workbook has everything that you need to be more successful, happier and take you down the road of how to achieve the life you desire. Why do you want to grab this workbook? This is no ordinary workbook as it takes you on a journey of how successful people go about making things happen in their life and the workbook is laid out in a 1,2,3 step formula that is easy to use and powerful when you implement it. Have you figured out that life has been getting busier and busier and it seems like you have less and less time to figure out what you really want from life? How often do you sit down in pure silence and just plan what you want as this is what is called personal growth and development time. This is time to reflect on what you really want for your life. Every wondered why they call it self-help? Your improvements are up to you and delivered by the self. I have never changed anyone as the change always comes from within. What I am best...



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