



Ask Your Guides: How to Contact Your Angels and Spirit Helpers

By Sonia Choquette

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Ask Your Guides: How to Contact Your Angels and Spirit Helpers, Sonia Choquette, This fascinating and inspirational book by Sonia Choquette provides all the information you need to help you connect with your spirit guides so that you can enjoy all the love, abundance, and joy you're entitled to! We're all spiritual beings with a spiritual support system on the other side. This support system oversees and helps guide our lives from the instant we're born to the moment we leave our physical bodies and return to spirit. Not knowing this fact is a severe handicap, as the Universe is designed to care for and nurture all its creatures and help make our life's journey easier and more successful. When we learn how to connect with our angelic guides, our lives naturally fall into a pattern of ease and flow, during which we nurture our souls, fulfil our life's purpose, and make our time on Earth endlessly entertaining.

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