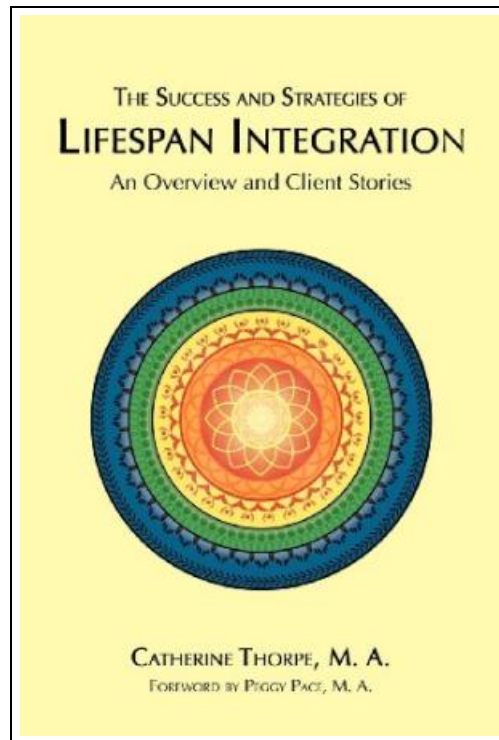


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THE SUCCESS AND STRATEGIES OF LIFESPAN INTEGRATION (PAPERBACK)



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Timeline Press, LLC, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Lifespan Integration (LI) is a new therapy which successfully resolves most clients concerns more quickly than talk therapy. In *The Success and Strategies of Lifespan Integration*, Catherine Thorpe, MA describes LI, its origins and effectiveness. The method is showing to be unparalleled in the treatment of Posttraumatic Stress Disorder, Anxiety, Bipolar Disorder, Relationship Concerns and many other clinical diagnoses. It is highly effective for therapy with children. Peggy Pace, MA developed Lifespan Integration in 2002. The method is built upon repetitions of a visual and sensory timeline as the unique change agent of LI. The clinical use of timeline repetitions appears to rewire the brain. As a result, clients innately shift their negative beliefs, resolve their traumas, and move forward in life without the underpinnings of painful memories from the past. With a warm, conversational tone, Thorpe provides the reader an overview of Lifespan Integration and a window into the wonders of LI through client stories. In more than forty years as a therapist, I have never come across a therapeutic method like Lifespan Integration that heals the pain and suffering of so many clients. From anxiety and trauma to grief and depression, from couple and marital problems to early attachment issues, from eating disorders to current family conflict, LI as we call it, heals unlike any other therapy. In this important work, Cathy Thorpe shares the basics of Lifespan Integration: from its creation by Peggy Pace to how it is practiced and why it works. She makes the book - which feels like a conversation with the author around the kitchen table - come alive with client stories. Case studies of suffering and healing are here along with how Lifespan...



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