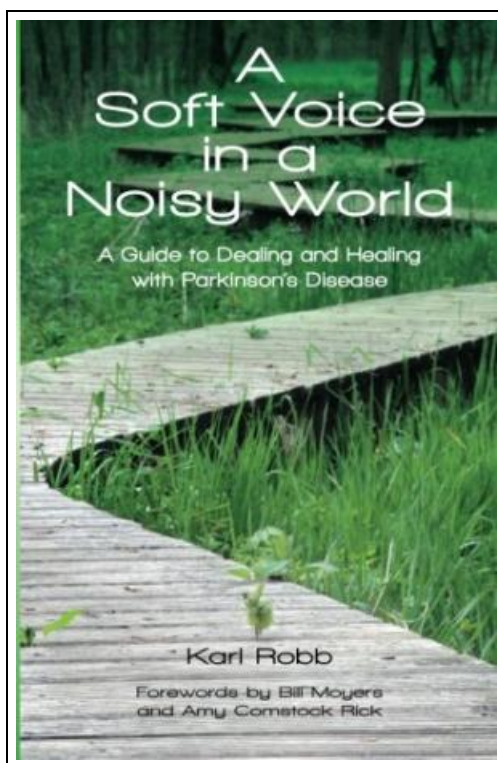


A Soft Voice in a Noisy World: A Guide to Dealing and Healing with Parkinson's Disease



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Reviews

Very good e-book and valuable one. It really is packed with knowledge and wisdom I am just very easily could possibly get a satisfaction of reading a created pdf.

(Walton Haag)

A SOFT VOICE IN A NOISY WORLD: A GUIDE TO DEALING AND HEALING WITH PARKINSON S DISEASE



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Robbworks, United States, 2012. Paperback. Book Condition: New. Gus Yoo (illustrator). 212 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Whether you are newly diagnosed or have had Parkinson s disease for many years, or you are younger or older, the lessons that Karl Robb offers in this book will apply to your situation. A culmination of over twenty years of personal experience, in *A Soft Voice in a Noisy World* Karl Robb provides an assortment of tips and suggestions that have made a difference in his life and benefitted him in his personal struggle with PD. This guide shows how one man successfully navigated the medical gauntlet with the support of his wife and care partner, and found his answers, often in the unlikeliest of places. With forewords by award winning broadcast journalist and author, Bill Moyers and Parkinson s Action Network CEO, Amy Comstock Rick. Drawn from the pages of the popular Parkinson s blog, this once-skeptic turned Reiki master describes the importance of complementary therapies to Parkinsonians through his personal mind, body, and spirit journey, detailing the role these have played in the course of his personal healing. In this book you will learn how through maintaining a positive attitude and utilizing Reiki and other complementary therapies, Karl has kept his Parkinson s in check, slowed the disease s progression, and amazingly seen signs of improvement, even after over two decades of dealing with PD. This book is a compilation of hundreds of insights and practical tools intended to add inspiration and ease to your daily life, including suggestions and resources for bettering your patient-doctor experience, living a productive and happy life, staying fit and active, traveling, participating in support groups, being a PD advocate, improving your mind-body connection, and empowering yourself...



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