

Climbing Life's Mountains: Overcoming Challenges of Biracial Birth, Adoption, Gender Identity, and Depression (Paperback)



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Reviews

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(Prof. Nelson Farrell MD)

CLIMBING LIFE S MOUNTAINS: OVERCOMING CHALLENGES OF BIRACIAL BIRTH, ADOPTION, GENDER IDENTITY, AND DEPRESSION (PAPERBACK)

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New Friends Publishing, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In life, everyone climbs mountains. Jala A. McKenzie-Burns shares her story, *Climbing Life s Mountains*, which explores the many challenges that faced her from birth. As a biracial child, she was left in the hospital, then placed into foster care. Her education began from the time she was born through the reactions and events around her. Her education continued with the teachings of the Civil Rights Movement, watching the Civil Rights marches on television and listening to the I-Have-a-Dream speech on the radio. Her early lessons taught her to stand up for her beliefs and soon paid off. After being adopted by an African-American family, she faced many confrontations from both white and black children. Along the way, she realized she was a female. Through her service in the U.S. Marine Corps, working in politics, gaining a college education, marrying a woman she loved, and raising their child, she tried to hide her feminine desires, but the pain never stopped at not being able to express who she really was. According to society, she was supposed to live her life as a male. While she participated in many activities to fight her inner conflict, she couldn t force a square peg into a round hole. When she shared her gender conflict with her adoptive mother, her mother kicked her out of her life. In her book, Jala discusses her full transition experience so that she can help others with their gender-identity conflict. During her transition, she fell into a deep depression. With this illness, she practiced many unhealthy coping mechanisms. During a major portion of her life, she had yearned to find her biological mother. After many attempts, she was finally...

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