



## Art Soul, Reloaded: A Yearlong Apprenticeship for Summoning the Muses and Reclaiming Your Bold, Audacious, Creative Side (Paperback)

By Pam Grout

Hay House Inc, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. With her trademark humor, enthusiasm, and no-nonsense guidance, #1 New York Times bestselling author of E-Squared Pam Grout invites you on a yearlong apprenticeship to recognize and unleash your innate creativity. Making art does not necessarily mean painting a gallery-worthy still life or belting out a Grammy-winning song. It simply means finding a way to give your inner muse a voice in this world. Sure, there s drawing, dancing, singing, and writing. But there s also art to be made from creating your own pair of angel wings or inventing a new toy or curating your own at-home film festival. Each week features a project of self-examination, an inspirational message, a real-world example of a celebrity who has addressed similar obstacles, and three zany activities to awaken your infinite creativity. It s time to declare the beat of your own drum.



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