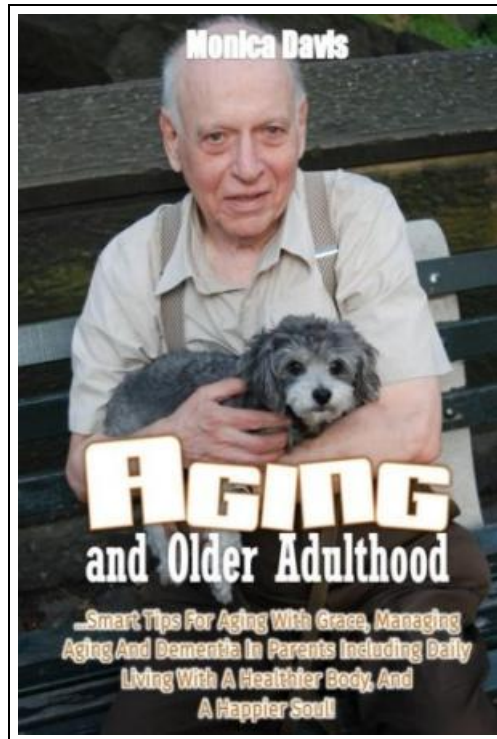


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****. Many don t like to think about it, what you may want to ask? Well, it is this phenomenon called aging of course. However, the bitter truth is that all of us will one time get old. In fact, age is irreversible. Once you start counting and celebrating birthdays, that s it. You don t need to accept it but you are getting old! One of the most interesting topics on aging when in discussion is our skin, and in fact, by that I mean anti-aging skin care . Well, the fact remains that as one gets older, the natural defense of our skin (and in reality the whole of the body) starts weakening. So Anti-aging skin care is all about protecting your skin from the negative effects of the aging process. No doubt, the caring of our skin helps in maintaining a young and fresh look for a longer period of time. However, anti-aging skin care doesn t end just here. Besides maintaining your looks (good looks), the process is also about retaining the resistance to disease. On the other hand, in spite of the growing awareness about aging and the anti-aging procedures. which has increased over a period of time, yet a lot of people are unable to recognize the aging symptoms (and hence are unable to determine if they are in need of additional anti-aging measures). Here in this book, you will get the opportunity to know a few visible aging symptoms that will help you in the planning and execution of your strategy. yes, for the occurrence of one or more such symptoms is an indicator for upping the ante on your anti-aging...

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