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Tratamiento Natural de La Obesidad y La Celulitis (Paperback)

By Adolfo Perez Agusti

Createspace, United States, 2013. Paperback. Condition: New. Language: Spanish . Brand New Book ***** Print on Demand *****. Casi con la misma rapidez que sumamos años a nuestras vidas, los kilos indeseables se pegan a nuestro cuerpo, como si una maldición ancestral nos obligara a estar gordos. Ese sobrepeso nos hace sentirnos pesados, torpes, y hasta dificulta la circulación venosa, mientras que los médicos nos alertan contra nuevas enfermedades relacionadas: hipertensión, cardiopatías, diabetes, artrosis y unas cuantas más. Sin embargo -y he aquí la incongruencia de la filosofía humana-, no es la salud el factor que más preocupa al obeso (aunque la mayoría asegure que sí), sino la estética, la belleza, esos conceptos tan poco definidos que nos obliga a tomar referencias entre los famosos. Ellos son nuestros nuevos dioses, la imagen que nos indica las proporciones que debe tener nuestro cuerpo si queremos que alguien nos considere bello o, al menos, agraciado. Algunas diosas modernas, como ocurre con las modelos de pasarela, son tan delgadas que la mayoría nos parecen enfermas, y con una fragilidad que hace dudar que sean capaces del menor esfuerzo sin romperse en mil pedazos. Tan arraigada está la consecución de la belleza en el..



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