



The Boy Files: Puberty, Growing Up and All That Stuff

By Alex Hooper-Hodson

Hachette Children s Group, United Kingdom, 2013. Paperback. Book Condition: New. 210 x 152 mm. Language: English . Brand New Book. A frank, up-to-the-minute guide to boys growing up issues. The Boy Files offers friendly advice, practical tips and support to help boys navigate the physical and mental rollercoaster of puberty and guide them gently through the potential pitfalls. From willy worries, shaving and body hair to girls, spots, bullying and staying safe in a cyber world, The Boy Files chatty, big-brotherly style is a feel-good reference source for tweens and young teens. Chapters: Even superheroes go through puberty The puberty alphabet All about hormones Zits, bits and stinky pits Girls aren t aliens Growth spurts, gorilla hair and a voice like VADER! Sleeping late and controlling the hate The wandering willy Staying safe Live long and prosper Partner title to The Girl Files by Jacqui Bailey, The Boy Files is written by agony uncle Alex Hooper-Hodson, who is also the author of 52 Teen Boy Problems How To Solve Them and 52 Teen Girl Problems How To Solve Them, all published by Wayland.

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