



## Skybound: A Journey In Flight (Hardback)

By Rebecca Loncraine

Pan MacMillan, United Kingdom, 2018. Hardback. Condition: New. Language: English . Brand New Book. In her mid-thirties Rebecca Loncraine was diagnosed with breast cancer. Two years later, and after months of gruelling treatment, she flew in a glider for the first time. In that engineless plane, soaring 3,000 feet over the landscape of her childhood with only the rising thermals to take her higher and the birds to lead the way, she fell in love. If illness meant Rebecca had lost touch with the world around her, gliding showed her a way to learn to live again. And so Rebecca travelled from the Black Mountains in Wales to New Zealand's Southern Alps and the Nepalese Himalayas to chase her new-found passion: her need to fly with the birds, to push herself to the boundary of her own fear. Skybound is the story of that obsession and of Rebecca's incredible journey from the ground, into the sky and back again. Taking in the history of unpowered flight, and with extraordinary descriptions of flying in some of the world's most dangerous and dramatic locations, this is a nature memoir with a unique perspective; it is about the land we...



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### Reviews

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-- Prof. Valentin Hane MD

*This book is definitely worth getting. It usually will not price too much. Its been printed in an extremely simple way in fact it is only right after i finished reading this publication where basically altered me, modify the way i think.*

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