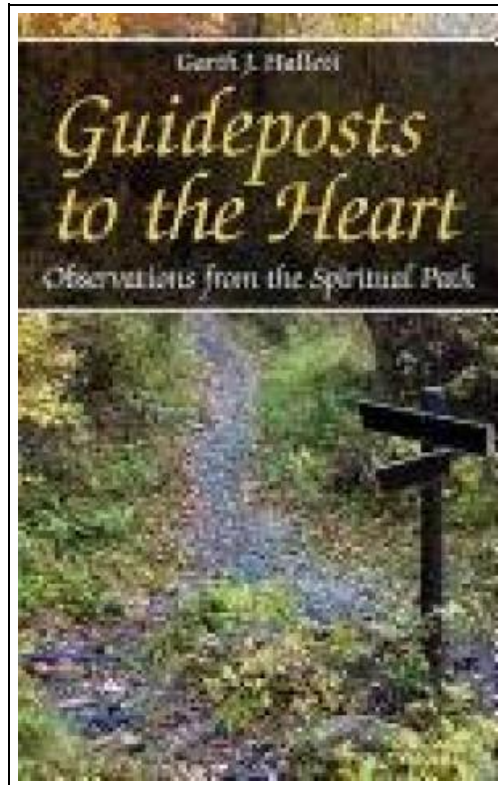


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Dog Ear Publishing, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The book you are now examining can radically change your life, or if you are already a serious practitioner in one of the world's meditative traditions, it can accentuate the value of the changes you may have already experienced. It is for such rare individuals, unflinching in their commitment to truth, and uncompromising in their personal values, that this book has been lovingly written. Composed in the time-honored style of The Tao Te Ching, and The Golden Sayings of Epictetus, Guideposts to the Heart is a wise collection of individual thought-nuggets that can be easily read in a day, yet absorbed only through the course of a lifetime. It is best read slowly, a bit at a time, on a bus or train, at a lake or park, or during the interstices of a busy day. If you are sincere, you will discover the best of yourself in its pages. Garth J. Hallett is a nonfiction book and article writer, and a Certified Information Systems Security Professional (CISSP). His official credentials also include an MA in Political Science from the University of Connecticut, and a BA in History and English from Fairfield University. His spiritual quest began in earnest during his early-to-mid twenties, when he became an avid practitioner of insight meditation, and of the teachings and techniques of Paramahansa Yogananda, as imparted through The Self-Realization Fellowship Lessons. He came to experience, through his dedicated efforts, and through the insistent promptings of an evidently cooperative universe, the shock and wonder of a kundalini awakening. He thus became intensely aware, in a manner reminiscent of Hamlet in his words to Horatio, of how much more there was to life than was...



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