



## The Unlikely Triathlete Part Two: Return of the Training Plan

By Deborah Longman

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.With the joy of having completed her first triathlon behind her, Debs decides to keep going with the sport. This despite the fact that she still hadn t developed any sporting prowess. She was, however, loving it. In this, the second book of the Unlikely Triathlete series, we discover the highs and lows of training for a second triathlon and taking her running to new levels she never thought possible.



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