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Earth Mama s Spiritual Guide to Weight-Loss: How Earth Rituals, Goddess Invocations, Incantations, Affirmations and Natural Remedies Enhance Any Weight-Loss Plan (Paperback)

By Stephanie Rose Bird

Green Magic Publishing, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Stephanie Rose Bird is an expert in the field of alternative health and earth-based spirituality. Bird, is the author of five books: The Big Book of Soul: the Ultimate Guide to the African American Spirit: Legends and Lore, Music and Mysticism and Recipes and Rituals, (2010, Hampton Road Publishers), A Healing Grove: African Tree Medicine, Remedies and Rituals (2009, Chicago Review Press), Light, Bright, Damn Near White: Biracial and Triracial Culture in America (2009, Greenwood Publishers) Sticks, Stones, Roots and Bones Hoodoo, Mojo and Conjuring with Herbs (June 2004, by Llewellyn Worldwide Publishers) and Four Seasons of Mojo: An Herbal Guide to Natural Living (Llewellyn, 2006). She holds a BFA cum laude from Temple University, Tyler School of Art and a MFA from University of California at San Diego where she was a San Diego Opportunity Fellow. She was a professor of fine art at the School of the Art Institute of Chicago for over fifteen years. She has also taught at the Chicago Botanic Gardens and Garfield Conservatory. Bird works as an herbalist, aromatherapist and sole proprietor of Almost Edible Natural Products. Her...



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