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A Twist of the Wrist: Quick Flavorful Meals with Ingredients from Jars, Cans, Bags, and Boxes (Hardback)

By Nancy Silverton

Alfred A. Knopf, United States, 2007. Hardback. Condition: New. Language: English . Brand New Book. Award-winning chef Nancy Silverton has conquered the gourmet world as the original dessert chef at Spago and founder of the celebrated La Brea Bakery. Her recipes are legendary, innovative, and delicious. However, in the last few years, there has been a great shift in cooking toward the Home Meal Replacement (HMR), better known as takeout. It's impossible to spend hours in the kitchen after a hard day's work, so more people are buying prepared foods and frozen meals, compromising taste for convenience. Realizing that people's hectic workdays don't afford everyone the time to re-create her epicurean triumphs, Nancy has come up with the perfect solution . . . Enter, the jar! Compiling a list of her favorite products that come in jars and cans, bags, and boxes Nancy has created easy-to-follow recipes that require less than thirty minutes to prepare. With this book there's no need to sacrifice flavor, sophistication, and taste just because you're spending less time chopping, cleaning, cooking, or baking. Nancy's shortcuts not only allow us to produce quick and easy meals at home, they...



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