



Emotional Healing with Crystals (Paperback)

By Cyndi Brandon

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Emotional Healing With Crystals details one woman s journey into healing from her traumatic childhood. Cyndi shares her story with the hope that you, too, can heal from any pain you have suffered using the the combination of meditation and the healing energy of various crystals. This guide will inspire you to tailor your meditation with crystals to fit your personal experience and glean the greatest benefit from these two healing methods. Cyndi s story spans a lifetime of living with the pain of her abusive youth, her arrival at a place of confidence, peace, love, and joy. She is a perfect example of how empowering it can be when you leave the painful past behind and learn to love yourself.In this book you will find meditation instructions. Even if you have never done meditation, you will find this guide to be simple and easy to follow. Each crystal has a section showing the specific energies, a short description, and Cyndi s personal experience.Let your healing begin.

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