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The Spiralizer Cookbook: Quick and Delicious Spiralizer Recipes Made Simple (Paperback)

By Brandon Mitchell (Ed)

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. You want Delicious and Amazingly looking Food? Then this Spiralizer Cookbook might what you are looking for! and your Spiralizer is All That You Need! This Spiralizer Cookbook will do just that! This recipe book is a compilation of foolproof easy recipes based on use of the any spirizer (spiral vegetable slicer), a leading kitchen appliance for cutting vegetables. Its main functions and benefits are covered in this Spiralizer cookbook as well. Discover ingenious keto power pressure cooker xl recipes such as: - Breakfast - Soups and Stews - Sandwiches - Wraps and Pizzas - Snacks and Side Dishes - Rice, Risotto and Pasta Recipes - Desserts Recipes Each recipe also contains additional information that will help you track your progress and improve on weight loss with: - Estimated preparation and cooking times - Number of servings - Nutritional value broken down into calories, proteins, carbs, fats Sometimes small pleasures can become big pleasures and this Spiralizer Recipes Cookbook will surely do that. It s your turn to discover the Spiralizer Lifestyle!.



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