



The Portrait of a Super Student: How best to perform in Studies, Sports and Co-curricular Activities

By Abhishek Thakore

V & S Publishers, New Delhi, India. Softcover. Book Condition: New. Success today depends a lot on your academic achievements. And to excel in studies, you do not have to be just an intelligent student - but also one who knows how to manage studies and time. In fact, even a mediocre or a below-average student can perform exceedingly well by following a scientific system. The Portrait of a Super Student, now brings you an innovative system specifically designed for super achievement. From simple, practical and time-tested tips on: *Managing time *Controlling temptation *Scheduling time and work *Relaxing techniques *Diet control *Speed reading *Building vocabulary *Improving presentation *Discussing studies. it goes on to guide how to make stress an ally or make a friend out of your TV. And above all, to make it reader-friendly the book is divided into easy-to-read small chapters - with a practice section after every chapter. Printed Pages: 142.



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