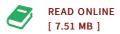




Summary, Analysis, and Review of Sheryl Sandberg and Adam Grant's Option B: Facing Adversity, Building Resilience, and Finding Joy (Paperback)

By Start Publishing Notes

Start Publishing Notes, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. PLEASE NOTE: This is a key takeaways and analysis of the book and NOT the original book. Start Publishing Notes Summary, Analysis, and Review of Sheryl Sandberg and Adam Grant s Option B: Facing Adversity, Building Resilience, and Finding Joy includes a summary of the book, review, analysis key takeaways, and detailed About the Author section. PREVIEW: Part memoir and part pop psychology presentation, Option B: Facing Adversity, Building Resilience, and Finding Joy by Sheryl Sandberg and Adam Grant is about the struggles that Sandberg faced after her 47-year-old husband s unexpected death in 2015. Option A-the life that Sandberg always thought she would have-was to grow old with her husband. Option B was to figure out how to live her best life without him. Sandberg and her husband, Dave Goldberg, were on vacation, celebrating a friend s birthday in Mexico when he died. They d been married 11 years, and had two young children. (At the time of his death, the kids were staying back with Sandberg s parents in California.) After Dave was missing for a few hours, Sandberg and...



Reviews

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