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A Few Recipes of a Vegetarian Diet (Paperback)

By Whitaker and Co

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This special edition of A Few Recipes Of A Vegetarian Diet was written by Whitaker and Co., and first published in 1847. This short cookbook is a rarity - a Vegetarian recipe book from 1847. A rare find indeed! Features recipes for soups, side dishes, main courses, breakfasts, puddings, and more. Some of the recipes inside are Onion and Sage Fritters, Baked Rice Omelet, Peas and Sago Soup, Baked Bread Pudding, Egg Fritters, and more. Also features a section on Statistical and Scientific Facts (on a Vegetarian diet.) This book is not being published for its recipes alone, but rather for its historical context. It is special for the sole fact that it is a 170 year old Vegetarian recipe book. This rare and wonderful cookbook is an essential addition to the library of the passionate vegetarian. (It should be noted that this book contains recipes that contain eggs and milk, both of which can be substituted, if desired.) IMPORTANT NOTE - Please read BEFORE buying! THIS BOOK IS A REPRINT. IT IS NOT AN ORIGINAL COPY. This book is a reprint..



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