



Its Your Time Now What Will You Do With It An 8-Week Plan for Figuring Out the Whats Next in Your Life

By Mary Guarino

iUniverse, Inc. Paperback. Condition: New. 64 pages. Dimensions: 8.6in. x 6.0in. x 0.2in. Thinking about what to do now that you have more time for yourself Your children have headed off to school full time, or will be leaving the nest soon, and now you are considering returning to the workforce or finding a more fulfilling career. This is the perfect time for you to reframe your self-perceptions, and to open your eyes to possibilities you might not have noticed before. Now that you have the time for more fulfilling work, you may want help deciding what kind of work to do. Its Your Time Now: What Will You Do With It is a workbook designed specifically for mothers who are in transition. Through the use of values exploration, as well as interest, ability and skill assessments, this 8-week program will help you discover the life path that will make you happiest. Its Your Time Now takes a holistic approach to career change-it asks you to take inventory of your core values and existing internal and external resources, then asks you to expand upon these to chart a path to the most satisfying career for you. This item ships from multiple...



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