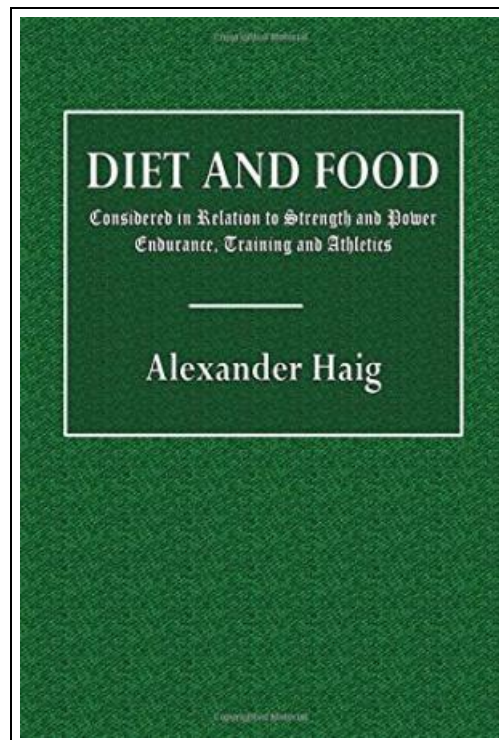


## Diet and Food: Considered in Relation to Strength and Power of Endurance, Training and Athletics



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