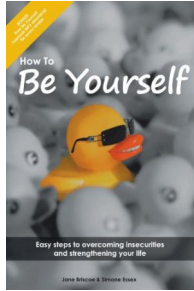


## How to Be Yourself: Easy Steps to Overcoming Insecurities and Strengthening Your Life



### Book Review

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**(Francis Lubowitz)**

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