



## Level 1: Rock of Power: It s Not What You Think

By MR Henry Rickman

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Posses it, or fear the consequences. To retreat inside yourself while under pressure is most likely a defensive necessity, and you miss out on opportunities (due to a lack of awareness and self belief). You may become irritated, afraid or passive. All conducive to depression. Driftwood. To retreat inside yourself when you have risen above the pressure is an opportunity to connect with your inner self, to enjoy peace within, to recharge, to rejuvenate or explore some personal epiphany. Solace can be found amid chaos. Triumph. Likewise, when you express something when under pressure it is more likely to be abrasive or evasive or aggressive or manipulatory. This is an unfortunate but human reaction when failing to handle pressure. When above the Rock and responding with awareness of the options and relativeness of the issue/environment then you are more likely to connect/ be productive or shine in some creative way (lv 5) or intimate way (lv 2). Unruffled, smooth. This also has repercussions for those in a leadership position (especially for lv 0). Level zero.



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