



Thawing Adult/Child Syndrome and Other Codependent Patterns (Paperback)

By Don Carter Lcsw

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.SPECIAL BONUS: This book now comes with LIFETIME ACCESS to the Thawing the Inner Family of Self ECourse created by the author based upon this book! Just send your proof of purchase or receipt to and you will be enrolled and receive your login information Thawing Adult/Child Syndrome and other Codependent Patterns is one of the four-part Thawing the Iceberg Series by Don Carter, MSW, LCSW. All of the books in the series are written to stand on their own as a complete program. The Thawing the Iceberg Series is a set of programs designed to assist in the healing of the emotional wounds outlined in the author s original work, Thaw - Freedom from Frozen Feelings. Thawing Adult/Child Syndrome is geared toward surfacing the underlying patterns of behavior and limiting beliefs that keep us stuck in unproductive relationships, the original wounds of abandonment, shame, and contempt, and how our subconscious mind adapted to the unique circumstances of our childhood by creating survival skills that now interfere with healthy coping. Anyone who has ever found themselves repeating dysfunctional patterns that...



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