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HOW TO LOSE 30 POUNDS (OR MORE) IN 30 DAYS WITH JUICE FASTING (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Includes motivational messages, standard recipe and, NEW in this updated edition, get Rob s Top 52 favorite juicing recipes! It s time to obliterate the excess weight from your body and get healthier, leaner and better than ever before. And you can accomplish most, if not all, of these objectives in just 30 days with the mighty and life-changing discipline...

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- Authored by Robert Dave Johnston
- Released at 2013



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Reviews

This is the best book i have read until now. It can be filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Nadia Konopelski**

It is fantastic and great. It is writer in easy words and phrases instead of confusing. I am just delighted to explain how this is actually the best book i have got read through during my individual life and might be he finest publication for ever.

-- **Prof. Murl Shanahan DDS**

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