



Bipolar Disorder in Young People: A Psychological Intervention Manual

By Craig A. Macneil, Melissa K. Hasty, Philippe Conus, Michael Berk, Jan Scott

Cambridge University Press. Paperback. Book Condition: new. BRAND NEW, Bipolar Disorder in Young People: A Psychological Intervention Manual, Craig A. Macneil, Melissa K. Hasty, Philippe Conus, Michael Berk, Jan Scott, As research emerges on the effectiveness of psychological therapies for bipolar disorder, this is the first manual guiding the treatment of those in adolescence and early adulthood, taking into account the developmental issues which can have significant impact on therapeutic outcomes. Core issues covered include engagement difficulties, how cognitive therapy should be adapted for adolescents, the impact of the disorder on the person's psychosocial development, managing comorbidity (particularly alcohol and substance use), medication adherence, the impact of family dynamics, and issues around control and independence in the therapeutic relationship. The manual is illustrated with case studies and text boxes describing tips and techniques for the therapist. Providing clear clinical guidance, backed by an extensive literature review and theoretical overview, this is essential reading for all mental health specialists implementing psychological interventions for young people with bipolar disorder.



READ ONLINE
[1.66 MB]

Reviews

It is fantastic and great. It usually will not charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Modesto Mante**

This book is great. it was writtern quite flawlessly and helpful. You will not truly feel monotony at whenever you want of your time (that's what catalogs are for concerning if you ask me).

-- **Sterling Kris**