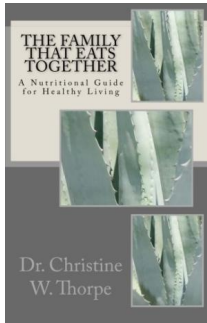


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## THE FAMILY THAT EATS TOGETHER: A NUTRITIONAL GUIDE FOR HEALTHY LIVING



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