



## Breast Cancer: There s Something I Need to Get Off My Chest (Paperback)

By Dr Annette Richard

90-Minute Books, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.You Just Got Diagnosed With Breast Cancer and You Need Answers and Guidance Now. If you re a tightrope walker, you never look down. Where your eyes go, so goes your body. If you race cars, it s the same thing. You only look where you want to go. If you look at the wall, that s where you will end up. In Dr. Annette Richard s book, Breast Cancer - There s Something I Need to Get Off My Chest, she shows you have to put the blinders on when first receiving a breast cancer diagnosis by looking forward at some fabulous imagined future for yourself. Instead of imagining the worst, Dr. Richards explains how you should put being done with your treatment in your imagination instead. Relaxing with family and loved ones and saying Wow. I m amazing. I did this. I m empowered. I advocated. I am a survivor. In this book, Dr. Richards explains how many women, after surviving breast cancer, want to give back; they want to help other women. They feel stronger than when they were first diagnosed,...



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