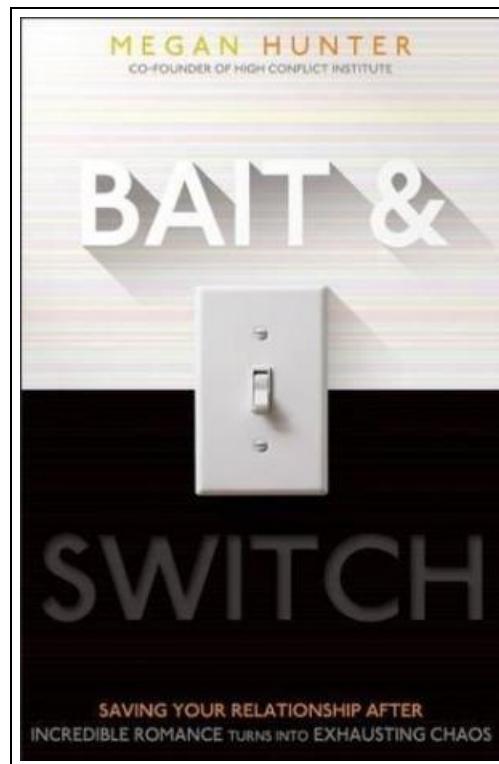


Bait Switch: Saving Your Relationship After Incredible Romance Turns Into Exhausting Chaos (Paperback)



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Reviews

*Completely essential read publication. It is really basic but excitement in the fifty percent of the book. You will not really feel monotony at anytime of your respective time (that's what catalogues are for about in the event you ask me).
(Lexie Paucek PhD)*

BAIT SWITCH: SAVING YOUR RELATIONSHIP AFTER INCREDIBLE ROMANCE TURNS INTO EXHAUSTING CHAOS (PAPERBACK)



HCI Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. Some romantic relationships simply go sour. This book is not for them. Instead, it is for people stuck in high-conflict relationships. This is the relationship with a tantalizing beginning complete with charm, fun, ease, sensuality, and sexiness, that abruptly turns into one of confusion, dread, despair, and even violence. There is no good exit strategy or staying strategy. In sales terminology, this type of relationship would be considered bait and switch. People with high-conflict personalities (HCPs) have a different operating system in romantic relationships. They unwittingly crave and work hard to be in one, but sabotage it. Some may have a form of Borderline Personality Disorder. The other partner enters into the relationship because it is the best, but eventually lands in lengthy and expensive battles over anything and everything. In this first-of-its-kind book, Megan Hunter addresses the patterns and thoughts from both sides without placing blame or casting judgment. Based on hundreds of interviews with people in high-conflict relationships, seeing the destruction of families in her policy work in family law, and feedback from lawyers, psychologists, and mediators who work with these couples, it is an inside look at his thoughts and her thoughts, their unconscious interactions, and step-by-step staying or exiting strategies. Megan Hunter is a leading expert and speaker on high-conflict personalities who trains legal and mental health professionals. After helping shape policies to improve family law through the Arizona Supreme Court, she co-founded the High Conflict Institute with author Bill Eddy, who developed the high-conflict personality theory.

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