



The hypertension therapeutic Wang (selling version)(Chinese Edition)

By BIAN WEI HUI

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: November 2012 Pages: 384 Language: Chinese in Publisher: Heilongjiang Science and Technology Press hypertension diet Quick Encyclopedia Code. to prevent and treat self-nursed back to health. eating right healthy. Wary of high blood pressure. attention to food therapy of hypertension diet principles. techniques. Taboo fully explain. guide you to do their best doctors. Hypertension how to eat three meals a day? The most authoritative experts tell you! Hypertension therapeutic King details gold hypertensive patients diet principles; introduced 71 kinds of the buck ingredients with 33 buck herbs. to tell you How to Arrange diet. effective control of blood pressure; recommended 138 buck cuisine. from three meals a day into different categories. to tell you how to eat diabetes staple? Meat and how to eat? How to eat vegetables? Herbs. fruit. how to eat? And introduced seven kinds of TCM type of hypertension. symptomatic recommended 27 therapeutic herbs. guide you to overcome hypertension with food from healthy. Contents: the PART01 human health silent killer blood pressure - a health values ?? What is blood pressure? Blood pressure-related Glossary...



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