



## Dr. Susans Solutions: Progesterone - The Superstar of Hormone Balance: The Superstar of Hormone Balance

By Susan M. Lark M. D.

Womens Wellness Publishing. Paperback. Book Condition: New. Paperback. 104 pages. Dimensions: 8.9in. x 6.0in. x 0.5in. Would you like to have deep, peaceful sleep, joyful and calm mood, strong bones and healthy, regular menstrual periods or enjoy a stress-free menopause Then, Dr. Susans Solutions: Progesterone - The Superstar of Hormonal Balance is the one book that you must have! Written by Susan M. Lark, M. D. , one of the most respected womens alternative medicine experts, this book shares her very effective, all natural treatment program that has helped countless women support their own progesterone production, bring their hormones back into balance and successfully recover from health issues caused by progesterone deficiency. She is also one of the most prominent proponents of bioidentical progesterone and has extensive experience working with this very beneficial hormonal therapy. If you are suffering from conditions related to progesterone deficiency and estrogen dominance like PMS, fibroid tumors, endometriosis, heavy and irregular menstruation, premenstrual breast pain, Polycystic Ovarian Syndrome (PCOS) and menstrual migraines or menopause related hot flashes, insomnia and bone loss, you can greatly benefit from Dr. Larks new book! Rachel came to see Dr. Lark as a patient because she suffered from severe PMS mood...



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