



What Shall We Have to Eat?: A Practical Plan for Choosing the Right Foods for Every Occasion

By Jennie Ellis Burdick

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 142 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. From the PREFACE. From little acorns great oaks grow. Several years ago the head of an internationally known business started the preparation of a list of foods to help his wife in her trying problem of selecting food for the daily meals. It has been my privilege to take this beginning and elaborate it into this book. Housewives possessing What Shall We Have to Eat need never ask assistance or find it the least difficult to plan breakfast, dinner, or supper, or meals for any special occasion. A unique but simple system has made the selection of items for the menu as easy and as pleasant as planning a pleasure trip. To use this book, sit down with it and a piece of paper. Turn to the meal for which you are planning; run down each list, and as you make your selection note it on the paper. Should you want to know how long it will take to cook a certain article, turn to page 112, where there is a Time-table for Cooking, and you will instantly know whether...



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