

Eros Equation: A Soul-Ution for Relationships (Paperback)

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Reviews

Absolutely among the best publication I have got at any time go through. It really is writter in straightforward phrases rather than hard to understand. Its been designed in an extremely straightforward way which is just soon after i finished reading this publication through which basically modified me, alter the way i believe. (Mrs. Velda Tremblay)

EROS EQUATION: A SOUL-UTION FOR RELATIONSHIPS (PAPERBACK)



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Hunter House Inc.,U.S., United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Based on the idea that it is our own response to a situation -- rather than the situation itself -- that creates a particular outcome, The EROS Equation is a unique approach to improving relationships. Instead of focusing on difficult partners or problems, author and relationship adviser Eve Eschner Hogan enables us to uncover new and creative responses in ourselves using the EROS equation. As she explains in the introduction, Hogan developed this problem-solving tool through years of work with clients, colleagues, and in her own marriage. She named it the EROS equation because it can be written as Event + Response = Outcome and Solutions (E + R = O and S). Invocative of the Greek god of love, this empowering outlook leads to deeper self-knowledge and more harmonious relationships. Writing in accessible, short chapters, Hogan uses real-life examples to look at typical relationship issues, from daily annoyances to extramarital affairs. She highlights common responses that don t work and applies the EROS equation to show us how our own wisdom, intuition, and creativity can reveal solutions. The EROS Equation makes clear that by changing an unhelpful, habitual response that blocks understanding, we can create a loving and solution-oriented outcome.

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