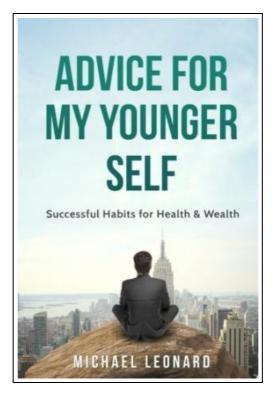
Advice for My Younger Self: Successful Habits for Health Wealth (Paperback)



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Reviews

An extremely awesome publication with lucid and perfect explanations. It is actually writter in basic phrases rather than confusing. You will like how the writer publish this book.

(Melody Jakubowski)

ADVICE FOR MY YOUNGER SELF: SUCCESSFUL HABITS FOR HEALTH WEALTH (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Navigating the real world isn t easy. College doesn t prepare us for it and we re told to learn and figure it out on our own. From managing your finances, advancing in your career, staying in shape and keeping a work life - balance it s not easy to be successful. I felt this stress when I graduated from college in 2010. I earned a bachelor s degree in business but quickly found out college courses don t translate to the real world. Don t get me wrong. I wasn t a C student-actually, I had a 3.5 GPA-but I felt like it didn t prepare me for the next chapter of life. When I got my first job, I had no clue what a 401(k) was or how to choose an insurance plan. It made me mad-how did I not learn something so basic in college? Luckily, it also motivated me to educate myself and figure it out. How did five years of college not teach me something as basic as planning my future retirement? Instead, I was required to take general education classes such as mythology, astronomy, and anthropology to complete my business degree. But not one class on personal finance, understanding credit, or how to plan for retirement? How is that possible? Unsurprisingly, I haven t used those mythology or anthropology lessons in my career or life. Sadly, there is not a Life 101 course that teaches us how to live and succeed after college. This is where this book comes in, the bridge from college to the real world. It might apply to some at 18 years old and others at 35. Regardless of age this...



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