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Screening for Intermediate Risk Factors for Coronary Heart Disease: Systematic Evidence Synthesis: Evidence Synthesis Number 73

By U. S. Department of Health and Human Services

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 166 pages. Dimensions: 11.0in. x 8.5in. x 0.4in. In the United States, coronary heart disease (CHD) and cardiovascular disease (CVD) account for nearly 40 of all deaths each year. Several risk factors for CHD and CVD, such as tobacco use, elevated low-density lipoprotein cholesterol (LDL-C), hypertension, hypercoagulable states, and obesity, are modifiable. Identifying individuals at risk, encouraging therapeutic lifestyle changes, and, when appropriate, initiating drug treatment to reduce LDL-C, are highly effective measures to reduce an individuals risk of coronary events and stroke. An individuals risk for CHD events (or sometimes CVD events) guides the intensity of LDL-C lowering and other interventions. For this reason, assessing an individuals risk plays an important role in initiating measures to modify risk. Several risk stratification systems are available for this purpose. We conducted a systematic review of epidemiologic studies of certain emerging risk factors to help the US Preventive Services Task Force (USPSTF) determine which, if any, factors should be incorporated into guidelines for coronary and cardiovascular risk assessment in primary care. The USPSTF selected all but one of the risk factors examined in this report. After a preliminary literature review, the...



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