



Chinese Herbal Remedies: Ancient Chinese Herbal Remedies with Proven Age Old Benefits to Cure Illness and Prevent Them Naturally (Paperback)

By Susan Kim

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Large type / large print edition. Language: English . Brand New Book ***** Print on Demand *****.Large Print Ancient Chinese herbal remedies are rooted on prehistoric practices - herbal remedies are just as old as humanity. Ancient people were hunters whose survival depended on their familiarity with nature. Personal experience taught ancient people which botanicals were harmful and which ones provide strength and supported life, and which possessed healing qualities. Today, there are hundreds of medicinal compounds and thousands of tons of herbal remedies utilized in China alone every year. About 30 herbs, majority of which are considered as tonics, account for over fifty percent of this number. It is interesting to note that licorice tops the list of herbal remedies commonly used.

DOWNLOAD



READ ONLINE

[4.05 MB]

Reviews

Great electronic book and valuable one. It really is simplistic but surprises within the fifty percent from the book. Its been printed in an extremely simple way in fact it is merely right after i finished reading this publication by which in fact modified me, change the way i really believe.

-- **Dr. Bethany Lindgren**

An incredibly great book with perfect and lucid answers. Better then never, though i am quite late in start reading this one. You will not sense monotony at whenever you want of the time (that's what catalogues are for relating to if you question me).

-- **Nannie Lindgren Jr.**